

## Frederick Integrated Health Network, LLC (FIHN) Disclosure Statement

The Frederick Integrated Health Network, LLC (FIHN) is an accountable care organization participating in the Medicare Shared Savings Program. It relies on certain waivers from federal law in support of its efforts to provide high quality care at reduced total cost. Those waivers include an ACO participation waiver for each of the services listed below, most of which also involve the compliance with the Stark rules waiver. In addition, FIHN relies on the gainsharing and shared savings distributions waiver which permits it to share a portion of the savings under the ACO with its participating physicians. Each of the programs described below is available to each of the Participants in FIHN, who are free to use or decline any of the services, subject to available funding. In addition, FIHN may consider the patient incentive waiver which permits it to offer incentives to Medicare beneficiaries to provide medically related in kind incentives. All of the services may not be available at all times. The programs involve providing services and personnel on a periodic basis to assist the Participants in providing coordinated care to their patients enrolled in FIHN who may need one or more of the services in an effort to reduce avoidable care. The programs include:

- *Care Managers:* FIHN will provide the services of care managers to assist in managing certain patients, developing care plans, and helping the medical professionals and patients to improve care co-ordination, with a focus on patients with multiple providers or co-morbidities to eliminate duplication and unnecessary services while ensuring the provision of all necessary care in an expedited manner.
- *Pharmacists* The services of pharmacists or pharmacy assistants will be made available to assist in medication management. The pharmacists will review and reach out to patients in appropriate situations to discuss problems with pharmaceutical regimens
- *Dieticians* The services of dieticians for patients who would help educate patients about the role of nutrition and diet in disease management.
- *Integrated Behavioral Health resources* FIHN will provide health care professionals and social workers in connection with treatment of certain behavioral health problems.
- *Primary care redesign and information technology assistance, including telehealth.* FIHN will provide assistance as requested to Participants to assist in improving IT resources, improve communications, participate in CRISP, and to develop and maintain population health initiatives.
- *Social Workers and Lay Navigators* FIHN will provide the support of social workers or lay navigators who would work directly with Medicare beneficiaries .
- *Patient Portals* FIHN will work with its Participants in the development of patient portals to assist patient communication and interaction with their physicians.
- *Home Tele-Monitoring* FIHN will work with its Participants in investigating and providing in appropriate cases home based devices for patients.

These programs will be rolled out as funding permits during the entirety of the participation of FIHN in the MSSP program, subject to funding and the need for the service.